

# SAMPLE MENU

## STARTERS

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Ginger Carrot Soup  
Low-Sodium Chicken Noodle Soup  
House Salad  
Classic Caesar Salad  
Chopped Garden Salad  
Grilled Chicken Caesar Salad  
Harbour's Edge Benson Salad  
Fresh Fruit Platter

## ENTRÉES

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Prime Rib of Beef  
Sausage & Pepper Pomodoro  
Stuffed Turkey  
White Fish Platter  
Chicken Provencal  
Grilled Bone-In Pork Chop Marsala  
Roasted Chicken  
Sirloin Chop Steak  
Hot Dog  
Sirloin Burger/Cheeseburger  
Turkey Burger  
Grilled Cheese Bacon & Tomato  
Reuben Sandwich  
Grouper Sandwich

## SIDES

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Scallion Mashed Potatoes  
Wild Rice Pilaf  
Roasted Sweet Peppers  
Steamed Snap Peas  
Grilled Summer Squash

## DESSERTS

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Assorted Pies, Cakes, Cookies, Ice cream, Tarts & Puddings